



## **Press Release**

Spectrum Miami  
December 5 - 9, 2018  
Mana Wynwood  
2217 NW 5th Avenue @ NW 22nd Street  
Miami, FL 33127

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**Ballard Road Studio** is excited to share recent paintings and sculpture of **Michelle Vara** in conjunction with Spectrum Miami, a curated contemporary art show in the heart of the Wynwood District, December 5 – 9, 2018.

A resident of upstate New York, Michelle Vara's recent work reflects her three year study of consciousness and the varied dimensions of untapped human potential and how these are visually communicated through mixed media sculpture and unique techniques of painting with the artist's carefully researched and personally developed non-toxic, road tar-based paint.

Using an automobile hubcap as the paintbrush to apply the custom developed tar-based paint Vara forms a place in each painting where elements of reaction and dimension - physical and metaphysical - find context reflecting principles necessary for accessing inner core intelligence. Via this sui genesis approach to both the material and application of paint in conjunction with the practice of automatic drawing developed by the Surrealists the artist explores a hypothesis on energy formation and generation - potential - contained in human consciousness.

Vara states her reason behind developing this particular approach is to incorporate the metaphor of material used in her sculpture via the hubcap into her painting. The hubcap becomes a 'circle in action' linking its employment as paintbrush, its rotation on the car's wheel and in the artist's hand, to theories originating from several different types of insight, including the recognition of intuitive intelligence and cognitive processes, and to visually communicate an awareness of the varied dimensions of untapped human potential in each individual viewer standing before the work.

In mixed media sculpture, Michelle Vara forges additional pathways to access these insights aided by the use of recycled materials. By calling upon the energy embed by history within each component the artist furthers the idea objects are vessels for memory providing personal connection which transports the onlooker to uncharted places in unexpected ways.