

Daily Bread

Sculpture No. 309

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(6- 2017)

R Daily Bread

flour - water - yeast

Mix.

knead – no knead

Fire.

bake - cook - change

define - refine

Break.

ingest - digest

extrude - examination - decompose

Bread.

Bread, eaten and shared, connects family, memory and tradition at the table.

In communication and through exchanges at the table is where my formative, childhood relationships were initiated.

Bread is slang for money.

Bread is a staple.

The loaf pan, used in the United States to bake bread, in this work is used as a metaphor for American family values.

The alteration of the loaf pan through gunfire commemorates American history and the settling of the new frontier with guns. Gun fire -shootouts- used to define the perimeters of power, ownership, place and personal property.

Daily Bread is a visual soliloquy reflecting on the social pressures that mutate the values and morals contained within the relationship of the family unit. Under fire, whether baking bread or

gunshots, extreme change is precipitated and the family is forced to find other connections in their relationship in the new frontier.

The family unit in the historical loaf of American bread is like flour -the main ingredient; extremely important to the community, the family and the child-rearing, mixed with a little yeast, sugar, and water it forms the starter for the next batch of bread, mixed with a bit more flour and left in a warm spot, raising awareness; when baked and eaten carries the raised awareness contained in the bread aides in social digestion and change.

Bread cannot rise without yeast and warmth; change cannot occur without awareness and fire.

Fire is the force; awareness is the food that is education.

In my opinion.

Terms and sources:

Bread word signifying a positive reaction to something.

<http://www.urbandictionary.com/define.php?term=Bread&page=2>

Basic bread recipe, popular around the world, and is one of the oldest foods.

<https://en.wikipedia.org/wiki/Bread>

Definition: yeast [yēst/ yeast] *noun*

a microscopic fungus consisting of single oval cells that reproduce by budding, and are capable of converting sugar into alcohol and carbon dioxide.

- a grayish-yellow preparation of yeast obtained chiefly from fermented beer, used as a fermenting agent, to raise bread dough, and as a food supplement.
- BIOLOGY: any unicellular fungus that reproduces vegetatively by budding or fission, including forms such as candida that can cause disease.

[Google search definition; Oxford Pocket Dictionary of Current English.](#)